

APRIL 2023

PNANJ Somerset Subchapter News

2023 Q1 Newsletter



EMPOWERING NURSES AND OUR COMMUNITIES

By Dianne F.C. Bautista, MBA, MPH, BSN, RN-BC
PNANJ Somerset County Subchapter President



Nurses are the backbone of the healthcare system, providing invaluable care and support to patients in various settings. However, despite the critical role they play, nurses are often undervalued and under-recognized for their contributions. Luckily, professional nursing organizations such as the Philippine Nurses Association of America, Philippine Nurses Association of New Jersey, New Jersey State Nurses' Association, New Jersey National Association of Hispanic Nurses New Jersey, NJ National Black Nurses' association, Institute For Nursing, Middlesex Regional Black Nurses Association, and American Association of Indian Nurses of New Jersey continue to empower nurses. For 22 years, the Philippine Nurses Association of New Jersey (PNANJ) Somerset Subchapter is fortunate enough to work with these phenomenal nursing organizations to continue empowering nurses and our communities. We elevate nurses' sense of pride and professional identity, leading to greater career development and opportunities for growth.

2023 has begun and we are excited to highlight some of our accomplishments. Majority of our 2023 events are volunteer programs and member-focused activities. We are open to new opportunities and collaborations. We are looking forward to your continued support with our upcoming events. Let's all work together in making this world a better place!

January - March 2023 PNANJ Somerset Events Highlights



January 28 - Aladdin Broadway
and NYC Bus Trip
(2 buses and 1 van)



February 25 - PNANJ Central
Region Education (FREE CEUs)



March 11 to March 24 - Hygienic
Product Drive 12 drop off locations
benefiting for 5 Charities



March 25 - Phenomenal PNANJ
Middlesex Gala where all nurses
were recognized and celebrated



April 6- Institute for Nursing
C.A.R.E.S Awards - 15 Nominees
from PNANJ Somerset



April 8- Indian Health Camp
providing healthcare services to
uninsured residents at Ukrainian
Cultural Center in Somerset



PNANJ Somerset

www.pnanjsomerset.org
pnanjsomerset@gmail.com





JANUARY 28 - NYC EXPLORATION AND ALADDIN TRIP

The PNANJ Somerset subchapter organized a wonderful event for nurses, families, and supporters to take a break from their busy schedules and enjoy a day out in New York City. ~140 individuals enjoyed this event. The group was taken by 2 buses and 1 van to explore Bryant Park, Times Square and watch the Aladdin Broadway show. The day was filled with fun activities and provided a much-needed opportunity for the hardworking nurses to relax and recharge. They captured the special moments through lots of pictures and created unforgettable memories with their loved ones. It was a well-deserved break for the nurses, and the event showcased the PNANJ Somerset's commitment to supporting and recognizing the efforts of healthcare professionals.

Thank you, Robert Wood Johnson University Hospital for supporting PNANJ Somerset. Broadway trips has been a tradition of PNANJ Somerset since 2015. Thank you to all the organizers <3



All of our fun photos can be found here! It is the first time, we had time to explore NYC and watch a Broadway Show on the same day



www.tinyurl.com/broadwaysc



FEBRUARY 25 - PNANJ CENTRAL REGION EDUCATION (3 FREE CEUS)

Thank you Rose Polasky and Dr. Elisa Green for empowering nurses who attended this program. We were inspired by your stories and we learned how to manage ourselves and assist our colleagues when our "fuel" is running out. Thank you to the PNANJ Central Region Education team from Somerset, Middlesex and Monmouth for organizing this event.



PNANJ CENTRAL REGION EDUCATION COMMITTEE PRESENTS

ADVOCATING MENTAL HEALTH FOR NURSES

FEBRUARY 25, 2023 0730 - 1200

BORDEN AUDITORIUM AT MONMOUTH MEDICAL CENTER

SPEAKERS:
Rose Polasky, MS,RN, CCRN, NE-BC
Elisa Green, DNP, APN-BC, CME

3 Contact Hours

Learning Outcome: At the end of the program, 85% of the participants will be able to identify causes of stress and burnout and will be able to apply the knowledge learned by passing a post-test with a score of 80% or higher.



To register scan QR code or use link
<https://forms.gle/gcMuDm5EEqfSjpu8>

A free educational program
For questions email : pnanjcentraledu@gmail.com

This nursing continuing professional development activity was approved by the Philippine Nurses Association of New Jersey an approved provider of continuing professional development by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. P182/10-22-25





PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE

Hygiene products are something that many of us take for granted, but they are a basic need that everyone should have access to. Unfortunately, underserved communities, such as low-income families, homeless individuals, and those living in rural areas, often lack access to basic hygiene products. This can have serious consequences for their health and overall wellbeing.

PNANJ Somerset is an advocate for underserved communities and values social determinants of health. They recognize the importance of providing hygiene products to those who need them the most. Basic hygiene products, such as soap, shampoo, toothpaste, and feminine hygiene products, play an essential role in maintaining good health and personal hygiene. Without access to these products, individuals are at risk of developing infections and diseases, which can have long-term health consequences.

Additionally, the lack of access to personal hygiene products can impact a person's mental health and self-esteem, which can lead to social isolation and a decreased quality of life. Lastly, hygienic products provide a bridge for people who are trying to look for employment.

The importance of providing hygienic products to underserved communities is why PNANJ Somerset found 12 drop-off locations and partnered with five (5) charities that support vulnerable populations such as the homeless, abused, orphaned, and anyone dealing with special circumstances especially the youth, women, and seniors.

Please support and visit our drop off locations! Thank you to all the owners of these locations!

HYGIENIC PRODUCT DRIVE

To benefit organizations that uplift vulnerable populations such as the homeless, orphaned, and survivors of domestic abuse in Somerset, Hunterdon, and neighboring Counties

WAYS TO DONATE \$\$\$
 Venmo: @PNANJSomerset
 Zelle: 908-338-5150

PNANJ SOMERSET THANKS

#PNANJSOMERSTRONG | PNANJSOMERSET@GMAIL.COM | WWW.PNANJSOMERSET.ORG

SUPPORT DROP OFF LOCATIONS

Name	Phone	Address
Grace N Style Beauty Salon	(732) 636-6100	460 Rahway Ave Woodbridge, NJ 07095
Hackensack Meridian, Carrier Clinic	908-418-2516	252 Route 601 Belle Mead, NJ 08502
Highland Park Public Library	732) 572-2750	31 N 5th Ave, Highland Park, NJ 08904
John F. Kennedy Library	(732) 463-1633	500 Hoes Ln, Piscataway, NJ 08854
Middlesex Public Library	(732) 356-6602	1300 Mountain Ave, Middlesex, NJ 08846
Milford Public Library	(908) 995-4072	40 Frenchtown Rd, Milford, NJ 08848
Milltown Public Library	(732) 247-2270	20 W Church St, Milltown, NJ 08850
Raritan Public Library	(908) 725-0413	54 E Somerset St, Raritan, NJ 08869
Retro Fitness of North Brunswick	732-297-5213	222 N Center Dr, North Brunswick, NJ 08902
Shimon and Sara Birnbaum Jewish Community Center	(908) 725-6994	775 Talamini Road Bridgewater, NJ 08807
Stoney Brook Grille	(908) 725-0011	1285 Route 28 North Branch, NJ 08876
Stop & Shop	7328280139	940 Easton Avenue, Somerset, NJ 08873

PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)

WHAT WAS PNANJ SOMERSET'S PROCESS & TIMELINE OF EXECUTION

Back in August 2022, an idea was brought up at. We all know that hygiene is a critical factor in maintaining good health. However, not everyone has access to basic hygiene products, which can have a significant impact on their health outcomes. PNANJ Somerset took a proactive approach to address this issue by organizing a hygienic product drive. Here are the steps of how we executed this drive.

1

Thank you, Clara Bautista, PNANJ Somerset's Community Outreach chair for designing and assembling the necessary flyers and bins for the drive.



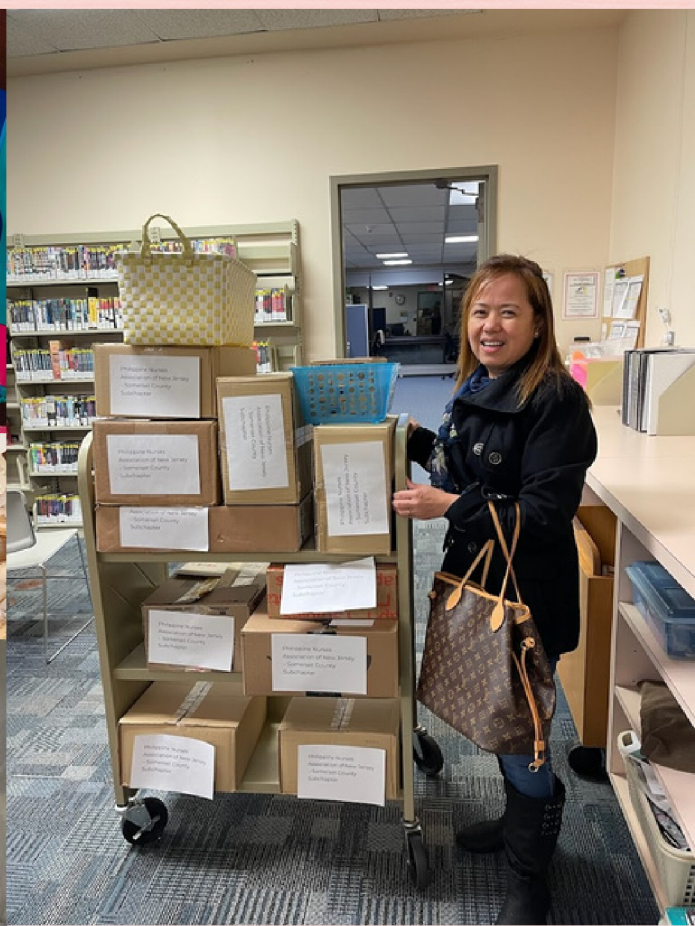
2

After identifying the locations and finalizing the logistics, Jerome Bautista dropped off the assembled bins and at the designated locations, strategically placed near the workplaces of the volunteers. This took at least 4 hours to complete. Thanks, Jerome!



3

From October to January, the volunteers would collect the donated products before or after work or even during their days-offs. Thank you, Cris Jusay, Liezl Tabora, Hannie Rivero, Megan Chan, Elena Holguin, Mariella DeBorja for picking up donations.



PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)

4

In March, we took the next steps to show our appreciation by developing certificates and distributed to them to the drop off locations.



PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)

5

Thank you to the Tabora Family for storing about 20 medium-sized boxes of hygienic products. We then sorted and packaged the collected products among five different charities: Casa Shaw, United Way at Hunterdon, Visions and Pathways, The Alternatives, Inc., and Raritan Valley Habitat for Humanity. It was a fun team-building activity as well!



PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)

HOW MUCH DID WE COLLECT?



Overall, we collected 111 regular size soaps, 164 small soaps, 25 bottles of Full size shampoo, 21 bottles of full size conditioner, 113 small shower gels, 30 bottles of lotions, 17 Baby Powders, 26 bottles of hand sanitizer, 16 toothpastes, 61 toothbrushes, 29 dental floss, 22 deodorants, 5 regular size mouthwash, 38 Razor Blades, 480 Feminine wipes, 372 Sanitary Napkins, 764 individually wrapped wipes, 34 Hair Gels, 4 Shaving Creams, 3 Body Sprays and 78 assorted miscellaneous items. In addition, the Past Presidents donated money to buy elven Big and Small Towels and 11 Laundry Baskets.



PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)

WHAT ARE THE FIVE CHARITIES?

CASA SHAW



Court Appointed Special Advocates in Somerset Hunterdon and Warren Counties

When a foster care case begins, the courtroom is crowded with a judge, a representative from a foster care agency, biological parents, family members, attorneys, other courtroom staff and, of course, the child. Even though the child should be the priority in the room, the judges, caseworkers and service providers who determine the child's future simply do not have adequate time to understand the specific needs of each and every child.

By speaking for the child, CASA ensures that the wishes and needs of the child are not overlooked by the many competing interests at play.

VISIONS AND PATHWAYS



Visions and Pathways has helped abused, neglected, homeless, missing and at-risk youth since 1970. Our kids have broken lives. Some are shattered; some have just a small crack. Some show no physical signs of damage - the scars are on the inside. We help them put the pieces back together, build their self-esteem and acquire the skills they need to thrive by providing; food, housing, counseling, education assistance, arts and recreation activities, career and employment counseling, scholarships and financial literacy instruction.

Our youth won't make it without the help of a caring community; people like you who are willing to contribute to their success. With your help, they will be able to put the past behind and build a brighter future. Visions and Pathways has helped more than 8,000 youth and their families find their inner strength and peace of mind.



RARITAN VALLEY HABITAT FOR HUMANITY



Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home. We believe affordable housing plays a critical role in strong and stable communities. Habitat homeowners help build their own homes, alongside volunteers, and pay an affordable mortgage. With our help, Habitat homeowners achieve the strength, stability and independence they need to build a better life for themselves and their families.

UNITED WAY AT HUNTERDON



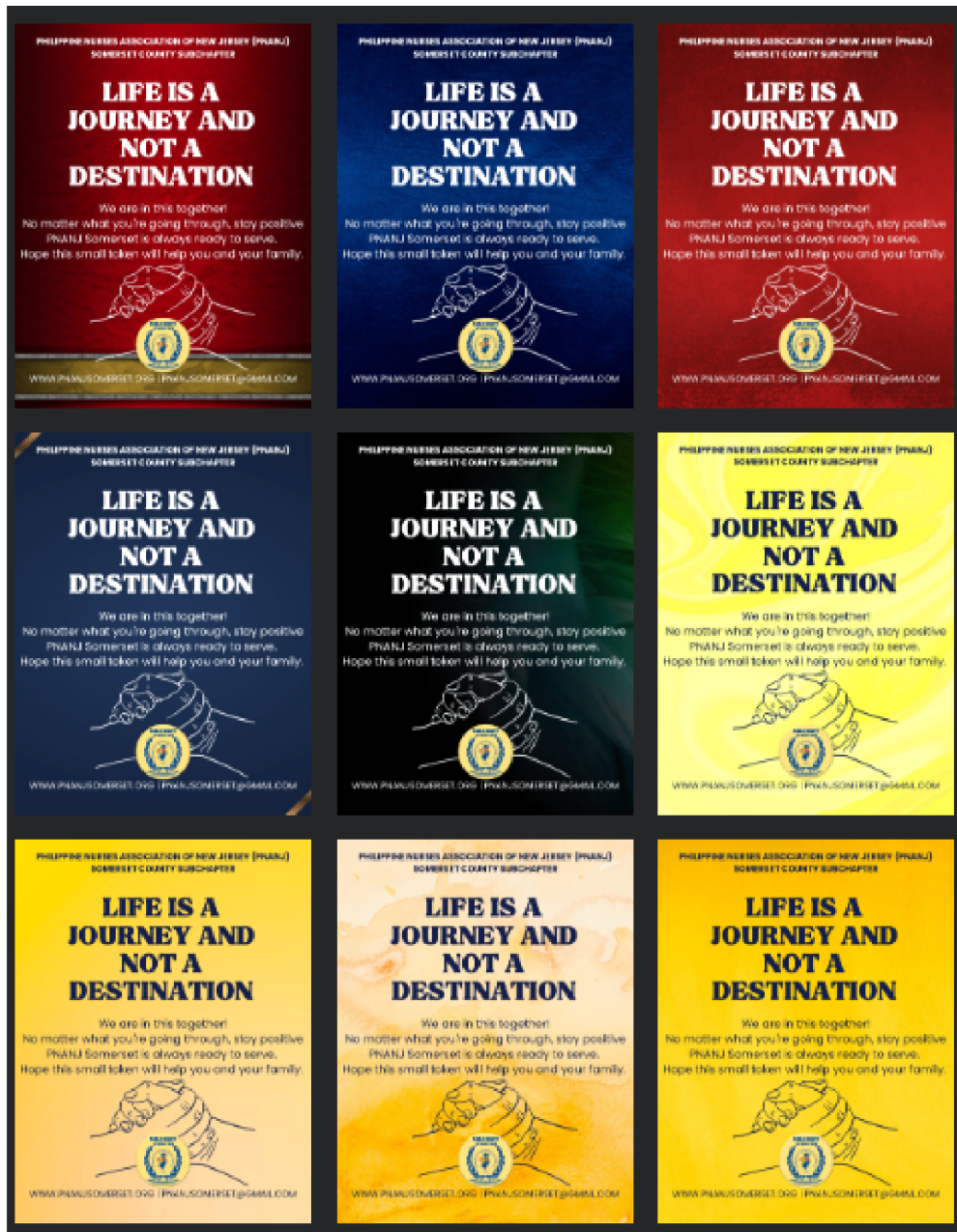
At this organization, we dropped off feminine products and packaged them to reduce period poverty. United Way has been supporting our community for more than 30 years to ensure that every individual has the opportunity to thrive. Its focus is on helping ALICE - the 23% of our neighbors who are Asset Limited, Income Constrained and Employed (or retired)

THE ALTERNATIVES, INC.



Alternatives, Inc. provides comprehensive services to individuals with intellectual and developmental disabilities, those with mental health diagnoses, as well as individuals and families experiencing homelessness, to enable them to reach their highest level of independence and integration in the community.

PNANJ SOMERSET'S HYGIENIC PRODUCT DRIVE (CONT.)



"Life is a Journey and Not a Destination. We are in this Together! No matter what you're going through, stay positive. PNANJ Somerset is always ready to serve. Hope this small token will help you and your family." This was the message that we distributed to some of the recipients of our drive.

By collecting hygiene products through this drive, PNANJ Somerset is helping to address one of the social determinants of health that can affect people of all ages - access to basic needs. This effort can make a real difference in the lives of those who are struggling financially and cannot afford to purchase hygiene products regularly. Moreover, initiatives like these are vital to creating a more equitable and just society. Addressing social determinants of health is an essential component of public health interventions, and PNANJ Somerset's efforts in this direction deserve recognition and applause. Overall, the PNANJ Somerset Hygienic Product Drive was a success, and we are proud of the efforts and dedication put forth by all those involved.

We hope that by sharing this information, others will be inspired to support these charities and their important work in our community. The success of this drive is a testament to the power of community action and collaboration in making a positive impact on the lives of others.

PNANJ SOMERSET SUNSHINE FUNDS RECIPIENTS



Congrats
GRADS

MASTER OF SCIENCE IN
NURSING GRADUATES

Ma. Arlene Azores
Hannie Elena Rivero
Clara Ethel Bautista

Guidelines for PNANJ Somerset's Sunshine Funds

OBJECTIVE: TO BE ABLE TO PROVIDE SUPPORT TO ACTIVE PNANJ MEMBERS IN TIMES OF NEED OR TO CELEBRATE IMPORTANT MILESTONES.

- 30% of Fundraising Events Be Allotted to the Sunshine Fund
- Exclusive for current active PNANJ Somerset Members
- Eligibility Criteria
 - Sudden Loss of Job
 - Loss of Home due to Fire/Calamities in NJ
 - Disabled and unable to perform 2-3 ADLs
 - Diagnosed with Cancer or Terminal Illness
 - Extended Illness/Hospital Stay
 - Milestones: Wedding, retirement, moving out state, babies, graduation, awards
- What may recipients get?
 - \$50 Money or Gift Card
 - Small Gift/Token or an Appreciation Card

THIS IS EXCLUSIVE FOR CURRENT PNANJ SOMERSET MEMBERS.

DOES ANY OF THESE APPLY TO YOU SINCE MAY 2022? DID WE MISS ANY OF YOUR MILESTONES?

EMAIL PNANJSOMERSET@GMAIL.COM

BECOME A PNANJ SOMERSET MEMBER TODAY: WWW.TINYURL.COM/PNANJSCMEMBER

ATTENDING THE 6TH ANNUAL PNANJ MIDDLESEX GALA

The nursing profession is one that requires compassion, skill, and dedication. Filipino nurses, in particular, have gained recognition for their excellence in the field. Recently, the Philippine Nurses Association of New Jersey (PNANJ) Middlesex chapter organized a ceremony to honor Filipino nurses for their contributions to the healthcare industry. The event was well-organized, globally televised, and brought tears to the eyes of many participants. PNANJ Somerset attended this event and it was unforgettable.

During the ceremony on March 25, PNANJ Middlesex recognized Filipino nurses for their hard work and dedication in caring for patients. The event was not only a celebration of their achievements but also a recognition of their sacrifices. Many Filipino nurses leave their home country and families to work abroad, often in challenging conditions, to provide for their loved ones.

The ceremony was well-organized, with every detail carefully planned and executed. The organizers ensured that the event was held in a safe and comfortable environment, with all the necessary precautions in place to prevent the spread of COVID-19. The program was well-structured, with speeches and presentations that highlighted the contributions of Filipino nurses.

The event was also globally televised, which allowed people around the world to witness the recognition of Filipino nurses. The global audience was able to see firsthand the hard work and dedication of these healthcare professionals. The recognition of Filipino nurses on a global stage was a testament to their contribution to the healthcare industry.

The heartfelt thank you that accompanied the recognition brought tears to the eyes of many participants. The nurses were recognized not only for their skills and knowledge but also for their kindness and compassion. The heartfelt thank you expressed during the ceremony was a testament to the deep appreciation and respect that the organizers and attendees had for the nurses.

In addition to the recognition, all nurses received a medal with their engraved names. This medal serves as a lasting reminder of their contribution to the healthcare industry and their dedication to caring for patients. The medal is a symbol of the hard work and sacrifice that Filipino nurses have made in their profession.

In conclusion, the recognition of Filipino nurses by PNANJ Middlesex was a well-organized, globally televised, and emotional event. It highlighted the contribution of Filipino nurses to the healthcare industry and recognized their sacrifices and hard work. The event was a reminder of the critical role that nurses play in caring for patients and the gratitude and appreciation that they deserve. Congratulations PNANJ Middlesex for a well-executed event to recognize Filipino nurses!

Scan to view
ABS-CBN
Coverage Video



2023 INSTITUTE FOR NURSING C.A.R.E.S AWARDS

15 NOMINEES FROM PNANJ SOMERSET



Congratulations to all nominees!

The Philippine Nurses Association of New Jersey's
Somerset County Subchapter



2023 INSTITUTE FOR NURSING C.A.R.E.S AWARDS 15 NOMINEES FROM PNANJ SOMERSET

On April 6, Fifteen (15) nurses from the Philippine Nurses Association of New Jersey (PNANJ) Somerset chapter have been nominated for the 2023 Institute For Nursing (IFN) C.A.R.E.S Awards. This recognition is not only a celebration of their hard work and dedication to the nursing profession, but also a testament to the impact they have made on the lives of their patients, their colleagues, and the healthcare industry as a whole.

As nurses, these fifteen individuals have devoted their careers to caring for others, often putting the needs of their patients before their own. They have worked tirelessly to improve the quality of care provided to their patients and have dedicated themselves to advancing the nursing profession through their contributions to research, education, and administration.

The IFN C.A.R.E.S Awards for Nursing Excellence honor outstanding nurses who have been nominated by their colleagues for their dedication and commitment to nursing and healthcare. The recognition of these fifteen nurses from PNANJ Somerset means that their colleagues have recognized the impact they have had on the nursing profession and the healthcare industry as a whole.



PNANJ SOMERSET MAKES FILIPINO NURSES PROUD THROUGHOUT THE STATE OF NEW JERSEY. CONGRATULATIONS! MANY OF THESE NURSES MIGRATED FROM THE PHILIPPINES IN SEARCH OF BETTER LIFE AND BETTER OPPORTUNITIES FOR THEIR FAMILIES. WE ARE SO PROUD OF THESE FILIPINO NURSES BECAUSE THEY ARE BRAVE, SOMERSTRONG AND RESILIENT! YOU MAKE US PROUD!



Receiving this recognition is not only an honor, but it is also a reminder of the impact that nurses have on the lives of their patients and their colleagues. It is a testament to the dedication and hard work that goes into being a nurse, and it serves as inspiration for the next generation of nurses who will continue to carry the torch of nursing excellence forward.

In conclusion, the nomination of fifteen nurses from PNANJ Somerset for the 2023 IFN C.A.R.E.S Awards is not just a well-deserved recognition of their hard work, dedication, and contributions to the nursing profession. It is also a reminder of the impact that nurses have on the lives of their patients, their colleagues, and the healthcare industry as a whole. This recognition is an opportunity to honor these outstanding nurses and inspire the next generation of nurses to continue the legacy of nursing excellence.



INDIAN HEALTH CAMP OF NEW JERSEY - APRIL 8



This experience was particularly fulfilling because I was able to connect with and serve individuals who may not have had access to medical care otherwise. It was rewarding to work with a team of healthcare providers to offer comprehensive medical services to those who needed them most. Moreover, serving seniors in particular gave me a deeper appreciation for the challenges they face and their unique health needs.

As a volunteer, I was able to witness the positive impact that access to medical care can have on a person's life. Many of the patients I interacted with were grateful for the care they received, and some expressed that they had not seen a doctor in years due to lack of insurance or financial resources.

This experience reinforced my belief that access to quality healthcare is a basic human right, and that volunteerism is an essential component in providing these services to those who need them most.

In conclusion, volunteering at the Indian Health Camp and at the Ukrainian Cultural Center in Somerset, NJ were fulfilling experiences that allowed me to make a positive impact on the lives of others. Through blood pressure screening and education, and in conjunction with other healthcare providers, I was able to connect with individuals from diverse backgrounds and provide them with the resources and care they needed.

These experiences have taught me the importance of service and the impact that individuals can have when they come together for a common cause. I look forward to continuing to seek out opportunities to give back to my community and serve those who are most in need. June 4th is the next IHCNJ event that will serve uninsured ethnic minority communities in Trenton. Hope to see you there!

Volunteering is an excellent way to give back to the community, especially for those who are uninsured or underserved. On April 8th, at the Ukrainian Cultural Center in Somerset, NJ, I had the opportunity to volunteer and serve over 40 uninsured people, most of whom were seniors. Working side by side with internal medicine, cardiologists, dieticians, and ophthalmologists, I conducted blood pressure screenings and provided education on blood pressure control. This event also provided EKG and blood draws to help diagnose any underlying health conditions.

This experience was particularly fulfilling because I was able to connect with and serve individuals who may not have had access to medical care otherwise. It was rewarding to work with a team of healthcare providers to offer comprehensive medical services to those who needed them most. Moreover, serving seniors in particular gave me a deeper appreciation for the challenges they face and their unique health needs.



PNANJ SOMERSET



EXECUTIVE BOARD JANUARY 2023 - MAY 2024



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Aquilina Liezl Tabora
Vice President



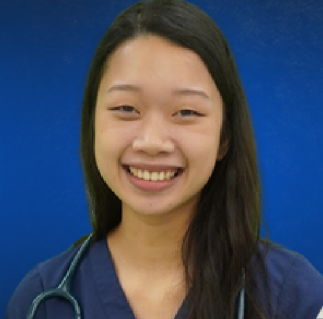
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@ YOUR S.E.R.V.I.C.E

Supportive, Empathetic, Resilient,
Visionary, Inclusivity, Charitable, Empowered

2023 UPCOMING EVENTS

Empowering nurses & serving communities locally and globally since 2001



Subscribe to Calendar

GRAB YOUR CALENDARS & SAVE THESE DATES!



Join Newsletter

(A) Awards • (C) Cultural • (E) Education • (F) Fundraising • (M) Membership • (V) Volunteer

- (M) - Sat - 1/28 - 1pm- Exploring NYC and Aladdin Broadway Bus Trip - 130 Rehill Avenue Somerville
- (E) -Sat- 2/25-7am PNANJ Central Region Education - Free CEUs - Monmouth Medical Center
- (V)- 3/11 to 3/24 - Hygienic Product Drive - Collecting, Sorting, Packaging, and Distribution. 12 Drop Off Locations supported 5 Charities
- (A) - Thurs- 4/6 - 6pm - 10pm - Institue For Nursing - 15 PNANJ Somerset Nominees for C.A.R.E.S Awards at Pines Manor, Edison
- (V) - Sat, 4/8 - 9-11am - Indian Health Camp (IHC)- Ukrainian Cultural Center, Somerset, NJ 08873
- (V)- Fri, 4/28 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (E) - Sat, 4/29 - 7:30am to 3:45pm - PNANJ Annual Convention - Bridging the Gap in Nursing an Enduring Challenge - Pines Manor, Edison
- (C)- May - TBD- (C) Filipino Cultural Presentation at different communities/facilities
- (C) - Sat, 5/20 - 6pm to 10pm - PNAAF - Nurses' On The Runway & Bayani Ng Mundo - PNANJ Somerset recognition- Pines Manor, Edison
- (V)- Fri, 5/26 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (M) - Sat, 6/3 - TBD - BBQ and Zumbathon - (Check website for more info)
- (V) - Sun, 6/4 - 9-11am -IHC- Christina Seix Academy - 1550 Stuyvesant Avenue, Trenton, NJ 08618
- (M)- Sat, 6/10 - 12-5pm - PNANJF Membership Appreciation Day - First Presbyterian Matawan
- (C) - Mon, 6/12 -10am to 1pm- RWJ Somerset Asian BRG - Celebration of Philippine Independence Day
- (V)- Fri, 6/30 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (E) - 7/16- 7/23 - 44 th PNAA National Convention & Cruise 7-Night Western Caribbean & Coco Cay
- (V)- Fri, 7/28 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (F) - Sat, 7/29 - 6pm- Nurses' Night at TD Ball Park -A Tribute to Nurses -Nurses parade
- (V)- Fri, 8/25 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (V) - Thur, 9/7- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (V) - Sat, 9/9 - 9-11am- Indian Health Camp - Durga Mandir, Princeton
- (V) - Sat, 9/9 - PNANJ Somerset's 5k and health fair (Checkwebsite for more info)
- (V) - Tr, 9/14- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (V) - Tr, 9/21- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (A) - Sat, 9/23 - 6pm - PNANJ Gala and Awards Night - Double Tree, Newark
- (V) - Tr, 9/28- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (V)- Fri, 9/29- 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (V) - Tr, 10/5- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (V) - Tr,10/12- 10-12pm- Somerset County Office of Disability and Aging - Bridgewater- Chronic Disease Managment Program
- (V)- Fri, 10/27 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (V) - Sun, 10/29 - 9-11am - Indian Health Camp -Swaminarayan Temple, Secaucus, NJ - Confirmed
- (V)- Fri, 11/17 - 10-11am - Somerset County Office of Disability and Aging - 339 S. Branch Rd. Hillsborough
- (M) - Sat, 11/18 - TBD - Membership Appreciation - 80s/90s Party - (Check website for more info)
- (C)- Sat, 12/9 - Filipino Xmas, Parol Making & Designing Sessions at Bridgewater Mall's Community Hub
- (V) - December - Christmas Caroling and Gift Giving at Skilled Nursing Facilities

Other Exciting PNANJ Somerset Initiatives (Checkwebsite for more info)

(V)- Health Equity Initiative (M) - Financial and Health Literacy Program (M) - Broadway and NYC Trip (C) - Filipino Culture Presentation

Just 20 cents per day
Join PNANJ Somerset Today

www.tinyurl.com/PNANJSCMember



Join Our WhatsApp group, learn & share upcoming initiatives focused on nurses, Filipinos, health, social determinants of health & more



Lifelong friendships, Career Advacement, Mentorships, Serving others

Philippine Nurses Association of NJ (PNANJ) Somerset County Subchapter
EMPOWERING NURSES & COMMUNITIES TOGETHER

20+ Years Strong 50,000+ PEOPLE SERVED LOCALLY & GLOBALLY
2,500+ VOLUNTEER HOURS • \$16,000+ DONATIONS TO CHARITIES

ALL ARE WELCOME!

We are looking for volunteers, members, sponsors, and supporters

We support nurses, nursing students, professional organizations, non-profits, charities, businesses and any entity who focuses on social determinants of health (SCDOH) and uplifting the image of Filipino nurses



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Review our Facebook Page



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Newsletter



Subscribe to
PNANJ's Calendar



Join our
WhatsApp



WHY? Show your support, see pictures, learn about upcoming events, learn about our collaborative activities

WHY? Exciting activities. Summary of accomplishments, interesting opportunities, sponsors' news

WHY? Never miss an event. Plan ahead, learn upcoming events and join the FUN

WHY? Share & learn events that focuses on nurses, healthcare, Filipinos, professional development and other events focused on SCDOH

Just 20 cents per day

Join PNANJ Somerset Today

www.tinyurl.com/PNANJSCMember



Lifelong friendships, Career Advancement, Mentorships, Serving others

Why Build A Relationship with PNANJ Somerset?

- Supportive community focused on long-term friendships, civic duty, career advancements, and personal growth
- 30% of Fundraising profits goes to Sunshine Funds that goes to nurses who are experiencing special circumstances
- Providing activities and programs focused on social determinants of health of nurses, their families, and our communities

JUST 20¢/DAY



NETWORKING WITH OVER
5,000 HEALTHCARE
LEADERS

MENTORSHIP AND
COACHING

CAREER ADVANCEMENT

LEADERSHIP
DEVELOPMENT

COMMUNITY OUTREACH &
MEDICAL MISSIONS

SCHOLARSHIPS @ THE
NATIONAL, STATE AND
SUBCHAPTER LEVELS

GRANT FUNDING

CONTINUING EDUCATION
(CEUs)

TUITION DISCOUNTS WITH
UNIVERSITY PARTNERS

LONG-LASTING
RELATIONSHIPS WITH
MENTORS & PEERS

NEWSLETTER/WEBSITE

JNPARR- PUBLISHING
RESEARCH

JOIN PNANJ SOMERSET TODAY

JOIN US

JUST 20 cents per day



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\$75 | **\$140**
annual | biennial



MEMBERSHIP CATEGORIES

ACTIVE MEMBER

Any professional nurse of Philippine ethnic origin who has been granted a license to practice as a registered nurse in the State of New Jersey.

ASSOCIATE MEMBER

Any professional nurse of non-Philippine ethnic origin who has been granted a license to practice as a registered nurse in the State of New Jersey.

INTERNATIONAL

ASSOCIATE MEMBER

Any professional nurse of Philippine ethnic origin who has been granted a license to practice as a registered nurse in the Philippines or any country outside of the United States or its territories who has paid the required PNANJ membership dues

OTHER CATEGORIES

BE A VOLUNTEER

PNANJ Somerset focuses on making a difference in the community. Volunteer by subscribing to PNANJ's calendar, marking the event, & email PNANJSOMERSET@GMAIL.COM. Or just show up.

BE A SPONSOR

PNANJ Somerset has many activities that support other organizations and empower nurses. Thank you to all our sponsors who continue to assist in accomplishing our mission and vision.



PNANJ Somerset

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Philippine Nurses Association of NJ (PNANJ) Somerset County Subchapter

RELATIONSHIP BUILDER

Let's find ways to empower our nurses and help our communities together



20+ Years Strong

50,000+ PEOPLE SERVED LOCALLY & GLOBALLY

2,500+ VOLUNTEER HOURS • \$16,000+ DONATIONS TO CHARITIES

Why Build A Relationship with PNANJ Somerset?

- Welcomes All Registered Nurses (RNs)
- Network of over 5,000 nurses
- FREE Continuing Education (CEUs)
- 30% of Fundraising profits goes to Sunshine Funds that goes to nurses who are experiencing special circumstances
- Supportive community focused on long-term friendships, civic duty, career advancements, and personal growth
- Mentorship and Sponsorships
- Multiple \$1,000 Scholarships & University Partnerships (tuition discount) & more

PNANJ Somerset Corporate Membership Recruitment Program							
Number of recruits for PNANJ Somerset	# of Monthly Job Postings via Email	# of Months to Send Monthly Job Postings via Email	# of Times Feature organization or future events on our Monthly Newsletter	Present at a PNANJ Somerset Meeting	Job Postings on Website	Event Table at one of our future events	Present at a PNANJ Somerset Event
50	Max 10 Jobs	12 Months	6 Times	Yes	Yes	Yes	Yes
40	Max 10 Jobs	10 Months	5 Times	Yes	Yes	Yes	Yes
30	Max 10 Jobs	8 Months	4 Times	Yes	Yes	Yes	No
20	Max 7 Jobs	6 Months	3 Times	Yes	Yes	No	No
10	Max 5 Jobs	4 Months	2 Times	Yes	No	No	No
5	Max 3 Jobs	2 Months	1 Time	No	No	No	No

Just 20 cents per day

Join PNANJ Somerset Today



www.tinyurl.com/PNANJSCMember

Empowerment of Nurses, Lifelong friendships, Career Advancement



Eligibility: Registered Professional Nurse
All Other Ethnicities Welcome



\$100

GIVEAWAY INCENTIVE

Philippine Nurses Association of New Jersey
(PNANJ) Somerset County Subchapter's

Membership Recruitment and Renewal Incentive Program

\$100+ 3XL Gift Basket | 60 New Recruits/Renewals

\$85 + 2XL Gift Basket | 50 New Recruits/Renewals

\$70 + XL Gift Basket | 40 New Recruits/Renewals

\$55 + Large Gift Basket | 30 New Recruits/Renewals

\$40 + Med Gift Basket | 20 New Recruits/Renewals

\$25 + Small Gift Basket | 10 New Recruits/Renewals

\$10 + Xsmall Gift Basket | 5 New Recruits/Renewals

Timeline #1: May 1, 2022 to May 1, 2023

Timeline #2: May 2, 2023 to May 2, 2024

Will Validate with PNANJ Membership Chair

Incentives Will Be Distributed in May/June

